

# SWARNIM GUJARAT SPORTS UNIVERSITY

DEPARTMENT OF ADVENTURE SPORTS AND YOUTH AFFAIRS, SGSU, GANDHINAGAR

## WORKSHOP ON ADVENTURE SPORTS

On 21<sup>st</sup> February 2015, Department of Adventure Sports and Youth Affairs, Swarnim Gujarat Sports University, Gandhinagar has organized a One Day Workshop on Adventure Sports.

**Dr. Jatin Soni**, Hon'ble Vice Chancellor, Swarnim Gujarat Sports University has graced the inauguration session as Chief Guest. He in his address to the participants said that this

workshop will be a milestone for the youth of Gujarat. The peoples of Gujarat are adventurous and used to

spend crores of rupees on attending and organizing adventure activities and program, however they need to have proper training and safety concerns.

If these activities will be taught and organized properly by the qualified persons, it will be a very good career opportunity for the aspirants of Adventure Sports Activities. Gujarat being hilly, and surrounded by sea, it is a good

place for learning and training these activities.

In the second session **Dr. Sudhir Kumar Sharma**, Associate Professor, Department of Physical Education, SGSU shared his knowledge about the Aero Spots. He described all the related sports like para gliding, para sailing and motor para gliding in the aero sports.

In the third session

**Y. L. Jethwa**, Asst. Professor, Department of Adventure Sports and Youth Affairs, SGSU discussed about Sports Climbing

in detail and participants learnt the skills of climbing and belaying. In the third session participants were acquainted with mountaineering and allied activities.

During the evening sessions participants were divided into four groups and they enjoyed leaning and practicing of climbing, belaying and fix rope ascending activities on artificial sports climbing wall as well as some of rescue techniques related to these activities.

SWARNIM GUJARAT  
SPORTS UNIVERSITY,  
GANDHINAGAR HAS  
ORGANIZED ONE DAY  
WORKSHOP ON  
ADVENTURE SPORTS

## WORKSHOP AT A GLANCE

Hon'ble Vice Chancellor, Swarnim Gujarat Sports University **Dr. Jatin Soni** graced the inauguration session and addressed the participants about the scope of adventure sports and allied activities in Gujarat.



Near about 60 participants from all over Gujarat were trained for sports climbing and allied activities.



**Schedule of the Workshop:**

<b>Time</b>	<b>Particulars</b>
08:00 to 08:30	Registration
08:30 to 09:15	Inauguration Ceremony
09:30 to 10:30	First Session (Demonstration and Practice)
10:30 to 11:00	Break
11:00 to 12:00	Second Session (Aero Sports)
12:00 to 13:00	Third Session (Sports Climbing)
13:00 to 14:00	Lunch Break
14:00 to 14:30	Discussion on previous Sessions
14:30 to 15:30	Fourth Session (Mountaineering and Allied Sports)
15:30 to 17:30	Evening Sessions (Practice)
17:30 to 18:00	Feedback from the participants and valedictory

**List of Participants:**

<b>Sr. No</b>	<b>Name</b>
1	Patel Preeti Vishubai
2	Bhanu Pratap Prajapati
3	Deba Ranjan Duarah
4	Jani Rajan Dilipkumar
5	Sweta Arvindhbai Makwana
6	Patel Vandana Kaushal
7	Vadera Dipakkumar Rupabhai
8	Patel Niketaben Chandravadan
9	Patel Payalben Rajeshbhai
10	Vijendrasinh B. Chavda
11	Prajapati Daxkumar Shantibhai
12	Chaudhary Vikesh Kumar J
13	Chaudhary Virajkumar Danabhai
14	Ankur A. Yadav
15	Jani Jaydipkumar Mahendrabhai
16	Neer Bhatt
17	Karnik Dhaval R.
18	Mithul Rajesh Mistry
19	Milan Kubavat
20	Ravindra Prabhakar Rao Nimje
21	Patel Snehil B.
22	Antal Mitali U.
23	Gordhan Singh

Sr. No	Name
24	Macwan Amit M.
25	Rajput Gajanand
26	Mukesh Kumar Singh
27	Choksi Rangita Maheschandra
28	Patel Anup Ashwinbhai
29	Vyas Kashyapkumar R.
30	Talar Kundansinh P.
31	Ichchhaporla Pranav Janeshbhai
32	Dangi Vipulchandra Rameshchandra
33	Parmar Jigneshkumar J.
34	Imran Nadaph
35	Bhammar Bhagvanbhai D.
36	Gamit Jitendrabhai S.
37	Gena Nomera S.
38	Kapadiya Anand
39	Bhatti Savan J.
40	Gandhi Pranay R.
41	Parmar Anirudhsinh
42	Parmar Hazkiel V.
43	Chauhan Jagjitsinh R.
44	Vyas Meeta R.
45	Dave Kunal P.
46	Panchal Rakesh B.
47	Sandip Zala D.
48	Harindrakumar Bhardwaj
49	Mayurrajsinh Vaghela
50	Pravina Pandavadra
51	Umang J. Solanki
52	Maheriya Rajni R.
53	Hiral Visani
54	Goswami Parul
55	Pranav G. Gaudhaviya
56	Bijal D. Pandya
57	Chirag Sharma

- **Expert: Dr. Sudhir Kumar Sharma**, Associate Professor, Department of Physical Education, SGSU Gandhinagar.
- **Coordinator: Yajuvendrasinh L Jethwa**, Assistant Professor, Department of Adventure Sports and Youth Affairs, SGSU Gandhinagar.

## Glimpses of the Workshop:

### WORKSHOP AT A GLANCE

Hon'ble Vice Chancellor, Swarnim Gujarat Sports University **Dr. Jatin Soni** graced the inauguration session and addressed the participants about the scope of adventure sports and allied activities in Gujarat.



In his address he also emphasized that these activities must be carried out by the trained professionals to ensure the safety standards.

### Demonstration:



Participants learning about the use of different equipment for belaying.

### Participants practicing Climbing & Belaying:



**“Climbing is not a spectator sport.” – Mark Wellman.**