

MPEC – 405:

Course Title: CURRICULUM DESIGNS IN PHYSICAL EDUCATION

Credit			Teaching Hours		
Lecture/Tutorials	Practical/Internship	Total	Lecture/Tutorials	Practical/Internship	Total
4	-	4	64	-	64

COURSE OBJECTIVES:

1. To understand the ever evolving curriculum of physical education
2. To develop opportunities to construct & design the curriculum of PE in broader aspects realizing the age group, gender consideration and physiological basis.

STUDENT LEARNING OUTCOMES:

1. Students will be able to design need based curriculum of PE various groups.

UNIT – I: Curriculum Meaning and Definition of Curriculum

- Principles of Curriculum Construction: Students centered, Activity centered, Community centered,
- Forward looking principle.
- Principles of integration
- Theories of curriculum development, Conservative (Preservation of Culture).
- Relevance, flexibility, quality, contextually and plurality
- Approaches to Curriculum; Subject centered, Learner centered and Community centered
- Curriculum Framework.

UNIT – II: Factors & Resources

- Factors that affecting curriculum.
- Sources of Curriculum materials – text books – Journals – Dictionaries, Encyclopedias, Magazines, Internet.
- Integration of Physical Education with other Sports Sciences – Curriculum research.
- Objectives of Curriculum research – Importance of Curriculum research.
- Methods of evaluation.

UNIT – III: Curriculum Practices

- Preparation & selection of content of the curriculum at elementary school level.
- Preparation of the curriculum at the middle and secondary school.
- Organising for instruction in the middle school.
- Organising the program of physical education at the urban and rural areas.
- Disciplinary strategies in physical education.

UNIT – IV: Safety Consideration & Evaluation

- Planning for safety in outdoor settings.
- Planning for safety in indoor settings.
- Planning for safety of spectators.
- Legal liability.
- Negligence and its prevention.
- Curriculum evaluation.
- Evaluation procedure in curriculum design.

TEACHING LEARNING STRATEGIES: The class will be taught by using lectures and demonstration, seminars, classroom discussion, videos, charts and presentations method.

ACTIVITIES: Lecture//Laboratory Work/ Field Work/ Outreach Activities/ Project Work/ Vocational Training/Viva/ Seminars/ Term Papers/Assignments/ Presentations/ Self-Study etc.

ASSESSMENT RUBRIC: Classroom Test, Project Work, Assignments, Presentations, Practical Work

TEXT & REFERENCE:

1. Kelly, L., & Melograno, V.(2014) Developing the physical education curriculum. ISBN-13: 978-1478627043 ISBN-10: 1478627042
2. James, J. (2005). Curriculum design in physical education and sports. New Delhi: Friends Publications (India). ISBN-10: 8172161433. ISBN-13: 978-8172161439
3. Shinde, B. (2011). Curriculum design in physical education. New Delhi: Sports Publication. ISBN-10: 8178796260. ISBN-13: 978-8178796260
4. Mohnsen, B. (2008). Teaching middle school physical education. Champaign, IL: Human Kinetics. ISBN-13: 978-0736068499 ISBN-10: 073606849X
5. Gupta, R., Sharma, A., & Sharma, S. (2004). Professional preparation and curriculum designs in physical education and sports. New Delhi: Friends Publications. ISBN 13: 9788172160821 (978-81-7216-082-1) ISBN: 8172160828 (81-7216-082-8)