

SWARNIM GUJARAT SPORTS UNIVERSITY GANDHINAGAR

DEPARTMENT OF PHYSICAL EDUCATION

THREE DAYS SYMPOSIUM ON MODERN TRENDS RELATED TO RESEARCH IN PHYSICAL EDUCATION AND SPORTS SCIENCE

9th June 2016

Department of Physical Education, Swarnim Gujarat Sports University, Gandhinagar has organized "Three Days Symposium on Modern Trends Related to Research in Physical Education and Sports Sciences" in association with Lakshmibai National Institute of Physical Education, Gwalior with whom it has Memorandum of Understanding signed for sharing knowledge and research in the field. The symposium has been organized from 9th June to 11th June 2016 at Swarnim Gujarat Sports University Campus, Gandhinagar.

This symposium will be beneficiary for the entire physical education fraternity and to the research scholars registered not only in these universities but also for the research scholars of various universities of Gujarat. More than 85 research scholars and

physical education teachers across the state have joined this symposium as participant.

The symposium begin with the welcome address by **Dr. Sudhir Kumar Sharma**, Associate Professor, Department Physical Education, Swarnim Gujarat Sports University, Gandhinagar he welcomed **Dr. S. Mukherjee**, LNIPE, Gwalior, **Dr. G D Ghai**, LNIPE, Gwalior, **Dr. Ajay Kumar**, DAVV, Indore, **Dr. Hitesh A. Vyas**, Gujarat Ayurveda University and **Dr. Bhupesh Patel**, Gujarat Ayurveda University, Jamnagar and **Dr. N. J. Chaniyara**, Secretary, Gujarat State Physical Education Teachers Association, with whom the SGSU has **MoU** for organizing such events.

The first session was addressed by **Dr. S. Mukherjee**, from LNIPE, Gwalior. In his address he discussed about various aspects of research in

detail followed by a discussion session. **Dr. Om Prakash Mishra**, Asst. Professor from Department of Physical Education gave a vote of thanks to **Dr. S Mukherjee** and concluded the first session.

In the second session a panel discussion was arranged on **Joint Research in Sports Science and Ayurveda Vigyan** under the expertise of **Dr. S. Mukherjee**, LNIPE, Gwalior, **Dr. G. D. Ghai**, LNIPE, Gwalior, **Dr. Ajay Kumar**, DAVV, Indore, **Dr. Hitesh A. Vyas**, Gujarat Ayurveda University and **Dr. Bhupesh Patel**, Gujarat Ayurveda University, **Dr. S K Sharma**, SGSU, Gandhinagar coordinated this panel.

In the post lunch session's participants got an opportunity to interact with the panel experts on various aspects of Sports Sciences and Ayurveda Vigyan as well as research in general in group discussion.

- Glimpses of the Symposium





10th June 2016

On 10th June the first session begin with the welcome address given by **Dr. Om Prakash Mishra**, Assistant Professor, Department Physical Education, Swarnim Gujarat Sports University, Gandhinagar, he welcomed **Dr. S. Mukherjee**, LNIPE, Gwalior, **Dr. G. D. Ghai**, LNIPE,

Gwalior, **Dr. Ajay Kumar**, DAVV, Indore, **Prof. J. K. Savalia**, Gujarat Vidyapith, Ahmedabad and **Dr. N. J. Chaniyara**, Secretary, Gujarat State Physical Education Teachers Association.

In the first session **Dr. G. D. Ghai**, from LNIPE, Gwalior, discussed in detail about

Writing Research Report followed by a discussion session.

Y. L. Jethwa, Asst. Professor from Department of Adventure Sports and Youth Affairs, SGSU gave a vote of thanks to **Dr. G H Ghai** and concluded the session.

In the second session **Dr. Ajay Kumar**, DAVV, Indore discussed on **Sports Homeopathy: Its Concept and Use in the Management of Sports Injuries**. He also drew the participants' attention to principles of Homeopathy and use of Homeopathy medicines for chronic as well as acute sports injuries. **Dr. Om Prakash Mishra**, Assistant Professor, Department Physical

Education, Swarnim Gujarat Sports University, Gandhinagar warmly thanked to **Dr. Ajay Kumar** for the session delivered on Sports Homeopathy and clearing out doubts of the participants during group discussion sessions. He also extend his sense of gratitude to other experts for their contribution in panel discussion and group discussion.

In post lunch session panel discussion and group discussion was held on New Gadgets and Scenario of Physical. Research scholars took active participation in this session and come up with many new research topic related to research in physical education and sports sciences.

11th June 2016

On 11th June in first session **Dr. Ajay Kumar**, DAVV, Indore discussed on **Ground Water Recharging of Sports Grounds: A Futuristic Approach of Sports Ground Management**. Second session covered a panel discussion and group discussion on New Areas of Research in Yoga, Physical Education.

feedback of this symposium. Honorable Vice Chancellor, in his address appreciated the overall initiative of Department of Physical Education. In his address he said that physical education and sports has yet a lot more to achieve in the field of research. Honorable Vice Chancellor facilitated **Dr. N. J. Chaniyara**, for his marvelous contribution in the field of physical education. Since, he is going to get retired in this year from Gujarat University. The occasion was concluded by **Mr. Kunal Desai**, Assistant Professor by expressing a vote of thanks to the galaxy of dignitaries.

This symposium has provide a very good opportunity for research scholars and research guides to come on common platform and discussed their research problems. During this symposium many new research problems have come up while panel discussion and group discussion with experts from physical education field and Ayurveda field also.

In the Valedictory session Honorable Vice Chancellor, Swarnim Gujarat Sports University **Dr. Jatin Soni** presided the occasion. **Dr. Sudhir Kumar Sharma**, Associate Professor, gave welcome address. **Dr. S. Mukherjee**, and **Dr. Ajay Kumar**, **Dr. J. K. Savalia**, **Dr. N. J. Chaniyara** also shared their

- Glimpses of the Symposium



